



THE OLD RECTORY  
Part of  
THE GEOGHEGAN GROUP

# MARCH NEWSLETTER



We had a wonderful start to the month because we were all out of isolation and back to normal. The month began with the usual activities, such as board games, quizzes, films, and more.

We also had a lovely Valentine's Day lunch, and Sam made some delicious heart-shaped desserts. In the same week, we all enjoyed Valentine's Day-themed craft sessions with Janice. Paul also hosted a romantic afternoon of poetry and prose.

Another major highlight this month was pancake day. Head Chef Sam and Adarsh made and flipped your pancakes for dessert, which was not only entertaining but also delicious with a variety of toppings! We continued the week with Bingo, where we all won prizes, and, as usual, Mr. Quinnell was the winner.

Later that week, we had a great evening with Chris Rotherham, where he played an array of classical guitar pieces, mixing his set with the relaxing tones of the flute or livening things up by playing Baroque music on the recorder. We enjoyed a chat, a drink, and a buffet supper afterwards.

We finished the month with an interactive afternoon talk with Roger Beck titled "Garden Birds, Comings, and Goings."



Looking forward to a fresh start in March!

We start the month off on the 1st of March with a special lunch for St David's Day, which is a traditional Welsh fayre consisting of Lamb Cawl and Snowden steamed pudding. The clocks go forward this month, which means brighter, longer days, which I'm sure we have all been looking forward to.

We'll have our regular schedule of activities throughout the month, as well as origami sessions, afternoon talks, arts and crafts sessions, and more evening entertainment, so there's always something to look forward to. We do hope you enjoy the month, and please speak to Adarsh if you have any further suggestions for upcoming activities.











### **Wednesday 1st March - St David's Day**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **1 PM - St David's Day Lunch**

St. David is the patron saint of Wales, and on March 1st, the Welsh people celebrate his life. Join us for lunch in the Dining Room for a special themed lunch.

#### **3 PM - Holy Communion in the Drawing Room with Rev. Rosemary Mason**

Everyone is welcome, and afternoon tea will be served at the end of the service.

### **Thursday 2nd March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Exercise in the Garden Room**

Join us for half an hour of gentle exercise, suitable for everyone.  
Afternoon tea will be served.

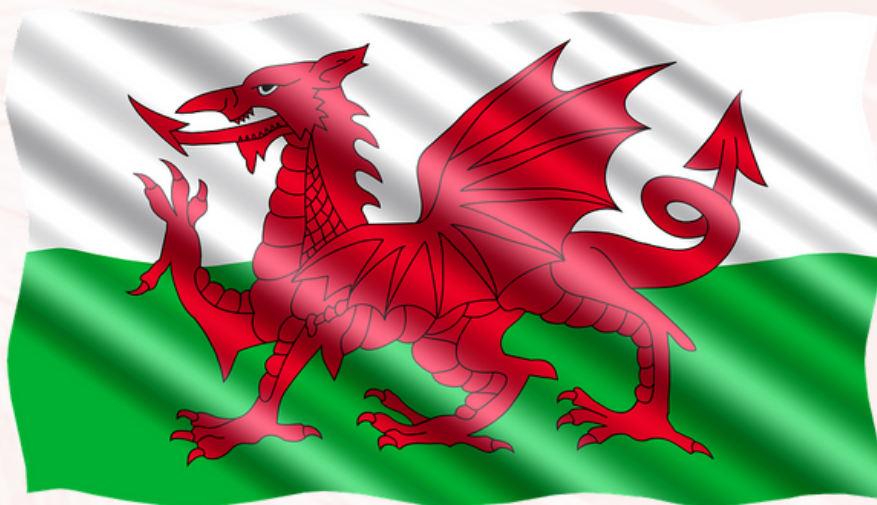
### **Friday 3rd March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Knit & Natter in the Garden Room**

Join Giselle in the Garden Room, where you will enjoy knitting and a good chat.  
Afternoon tea will be served.








### **Monday 6th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Quiz in The Drawing Room**

Join us for the regular weekly quiz. Afternoon tea will be served.



### **Tuesday 7th March**

#### **11:30 AM - Visit from Rainbow's Nursery in the Drawing Room**

Join us to play games with the children. Drinks will be served afterwards.

#### **3 PM - Craft Session in The Harvest Room**

Join us in The Harvest Room where you will enjoy an afternoon of craft.  
Afternoon tea will be served.

### **Wednesday 8th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Reminiscence in The Drawing Room**

Join us for a session of reminiscences. Shall we pause for a moment to think on the year that has passed? Afternoon tea will be served.

### **Thursday 9th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Exercise in the Garden Room**

Join us for half an hour of gentle exercise, suitable for everyone.  
Afternoon tea will be served.



### **Friday 10th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Crossword Puzzle in The Drawing Room**

Join us in The Drawing Room for a big crossword puzzle we need your help with.  
Afternoon tea will be served.







### **Monday 13th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Quiz in The Drawing Room**

Join us for the regular weekly quiz. Afternoon tea will be served.

### **Tuesday 14th March**

#### **11:30 AM - Visit from Rainbow's Nursery in the Drawing Room**

Join us to play games with the children. Drinks will be served afterwards.

#### **3 PM - Origami with Hongge in The Garden Room**

Join Hongge to practise some origami.

Afternoon tea will be served.

### **Wednesday 15th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Flower Arranging in the Garden Room**

Join us for a flower arranging session. Afternoon tea will be served.

### **Thursday 16th March**


#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Exercise in the Garden Room**

Join us for half an hour of gentle exercise, suitable for everyone.

Afternoon tea will be served.







**Friday 17th March - St Patrick's Day**

**12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

**1 PM - St Patrick's Day Lunch**

Please join us in the Dining Rooms for a special St Patrick's Day Lunch.

**3 PM - Knit & Natter in the Garden Room**

Join Giselle in the Garden Room, where you will enjoy knitting and a good chat.  
Afternoon tea will be served.



Happy  
St. Patrick's  
Day



**Sunday 19th March - Mother's Day**

Mother's Day








### **Monday 20th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Bingo in The Harvest Room**

Join us for a bingo session. Afternoon tea will be served.



### **Tuesday 21st March**

#### **11:30 AM - Visit from Rainbow's Nursery in the Drawing Room**

Join us to play games with the children. Drinks will be served afterwards.

#### **3 PM - Film in The Drawing Room : A Walk in the Woods(2015)**

After spending two decades in England, Bill Bryson returns to the U.S., where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends. Afternoon tea will be served.

### **Wednesday 22nd March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Poetry with Paul in The Drawing Room**

Join us in The Drawing Room for a themed poetry session with Paul.  
Afternoon tea will be served.

### **Thursday 23rd March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Exercise in the Garden Room**

Join us for half an hour of gentle exercise, suitable for everyone.  
Afternoon tea will be served.

### **Friday 24th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Quiz in The Drawing Room**

Join us for the regular weekly quiz. Afternoon tea will be served.

### **Sunday 26th March - Clocks go forward**





### **Monday 27th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Crossword Puzzle in The Drawing Room**

Join us in The Drawing Room for a big crossword puzzle we need your help with.  
Afternoon tea will be served.

### **Tuesday 28th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Afternoon Talk with Jenny Nockolds**

Please join us in the Drawing Room for a talk about Trekking to Everest Base Camp.  
Afternoon tea will be served.

### **Wednesday 29th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **4:30 PM - Evening Entertainment and Buffet Supper**

Please join us in the Drawing Room for a performance by GEORGINA – GUITARIST & VIOLINIST. A buffet supper will be served after the entertainment.

### **Thursday 30th March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Exercise in the Garden Room**

Join us for half an hour of gentle exercise, suitable for everyone.  
Afternoon tea will be served.

### **Friday 31st March**

#### **12 PM - Sherry Time in The Drawing Room**

Join us in The Drawing Room for a drink and a chat before lunch.

#### **3 PM - Quiz in The Drawing Room**

Join us for the regular weekly quiz. Afternoon tea will be served.





### **HAIRDRESSING**

Julie our resident hairdresser is available for appointments every week on a Monday, Wednesday and Thursday.

### **BEAUTY**

Manicures are offered on a once a month basis. If you are staying with us on a short term basis, we will make every effort to fit you into the schedule.

### **SHOPPING**

Please contact Reception if there are any items that you need and we will get them to you as soon as possible. Reception can be contacted on telephone number 101 from your room.

If there is anything else you would like for your room or have any questions or queries, then Adarsh would be happy to help you.

### **GAMES**

If you are interested in playing a game one afternoon, then please let Adarsh know and we will do our best to organise it for you.

### **WALKS**

If you would like a walk around The Old Rectory gardens or the Ewhurst Church grounds at any time in the week then please contact Adarsh and we can organise it for you.

