



THE CLAVADEL

POST-OPERATIVE REHABILITATION & CONVALESCENT CARE



**THE FINEST IN POST-OPERATIVE REHABILITATION
& CONVALESCENT CARE**

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WELCOME TO THE CLAVADEL



Situated in leafy Guildford, within easy reach of the Surrey Downs, The Clavadel represents a unique concept in post-operative care. More often likened to a hotel than a traditional clinic, our purpose-built treatment centre first opened its doors in 2014. Since then, we are proud to have helped thousands of people on the road to recovery.

Immediately on check-in, a 60-strong team of nursing and support staff will be on hand to remove any worries about the recuperation process. A detailed assessment will then be undertaken before guests are invited to relax in the comfortable and contemporary surroundings of our 32-bed premises until the time comes to return home.

Offering particular expertise in rehabilitation following knee and hip replacement, our skilled therapists utilise the state-of-the-art hydrotherapy pool and dedicated physiotherapy suite at their disposal to treat chronic injury and promote recovery, as they successfully manage a wide range of conditions.

Short stays start from just five days, during which guests will experience a relaxed environment where nothing is too much trouble, enabling them to concentrate on feeling well again and emerge from their time with us feeling mobile and confident.

HYDROTHERAPY

Housed in our purpose-built treatment centre, we are proud to be able to offer a state-of-the-art hydrotherapy pool – one of only a handful of its kind in the UK – with underwater treadmill, parallel bars, and specialist massage jets to help stimulate movement and assist in recovering mobility.

The pool's fully adjustable floor may be raised and lowered, thereby enabling walk-in access at poolside level and avoiding the need for a hoist, leaving even the tallest user feeling 'weightless' as the water relieves pressure on joints. Meanwhile, the patient may rest assured that an experienced hydrotherapist will accompany them, providing constant guidance and support during treatments.



PHYSIOTHERAPY



Our highly skilled team of healthcare professionals have been carefully selected for their vast experience in orthopaedic, neurological, respiratory, hydro, and trauma-related rehabilitation therapies. Drawing on over 140 years of combined clinical expertise, the bespoke care plans they provide are designed to restore strength and mobility at the earliest opportunity.

Working one-to-one with patients, our physiotherapists will tailor treatments to meet the needs of the individual and thereby encourage a speedy recovery. With that goal in mind, the dedicated physiotherapy suite with its adjoining gym facility boasts the latest in HUR and GAME READY® technology, enabling us to provide the very best in post-operative care.

EXEMPLARY CARE

The well-being of our guests is of paramount importance to us. We understand that in the days following surgery it is often difficult to assess just how much support you may need to get back on your feet again. Therefore, on arrival, a full nursing assessment will be undertaken from which a detailed care plan can be established.

Our experienced team of nurses and care assistants are then at your disposal 24 hours a day to deliver a comprehensive range of nursing services, including daily observations and medication control, wound management and pain relief, and dedicated support with personal care, where required. Direct liaison with your consultant surgeon will be established, and weekly check-ups by a local GP made available where needed or requested. So, you can relax and enjoy your stay, safe in the knowledge that when it's time to leave, our advance planning surrounding your check-out means you will be able to return home with complete confidence.



The Clavadel is the perfect place to experience the ‘three Rs’ of recuperation, rehabilitation and recovery. Situated close to the Surrey Downs, the comfortable and contemporary surroundings of our 32-bed premises will become a retreat from the cares of everyday life from the moment you check in until it’s time to return home.



Accommodation packages start from just five days and include round-the-clock nursing and physio support, your own en suite room with Sky TV, complimentary Wi-Fi access and all meals and beverages – leaving you free to experience the Clavadel’s unique and welcoming atmosphere, as our friendly staff attend to your every need, enabling you to concentrate on feeling well again.

For further details, please contact **01483 561944** or email **info@theclavadel.co.uk**
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