



THE OLD HALL

Part of
THE GEOGHEGAN GROUP

January 2019 Newsletter & Activities

Dear Residents,

Welcome to our January newsletter.



We hope you all had a great Christmas and enjoyed the New Year celebrations.

Looking back at December, we had a range of activities for the festive season.

In our craft sessions the Residents made wreaths for their room doors, which they did from a bare metal frame by adding a layer of moss and then the flowers and foliage, with some excellent results.



On 10th December we were invited to Send First School to watch the dress rehearsal of their Nativity Play. Several Residents were able to go along and watch the show, with lots of children in colourful costumes as sheep, shepherds, wise men and, of course, Mary and Joseph.

On 11th December we were very fortunate to be given a “Victorian Christmas Concert” by Sally-Ann Shepherdson and Trevor Alexander, accompanied on the piano by Sally-Ann’s husband Peter Robinson. Sally-Ann, a soprano, has worked with many national opera companies both in the UK and Europe, as well as singing as a guest artist with a number of cruise lines, including P&O and MSC Cruises. She has also performed with José Carreras in Paris and London. Trevor, a baritone, has worked with a range of prominent opera companies and also with the RSC. He too has performed around the world with P&O as well as playing a range of parts in numerous opera productions. Peter studied music at Oxford and was Chorus Master at Glyndebourne, followed by several years as Resident Conductor and Head of Music Staff for the

Australian Opera at Sydney Opera house. He has also worked as the Assistant Music Director at the ENO.

As you can imagine, with this level of talent and experience, we were treated to an excellent concert where we enjoyed some opera pieces, readings, light hearted Christmas songs and we were also able to sing along to some traditional carols. It was a wonderful afternoon and we are very grateful to Sally-Ann for arranging and performing the concert.



The next day we had our first “Christmas Lights” outing. On this occasion we drove out through Ripley and up to West Horsley before coming back toward The Old Hall through Clandon. We finished the tour in the Send Marsh estate, where one particular cul-de-sac all put on a Christmas Light extravaganza, which created an excellent spectacle.

Our festivities continued on Thursday 13th with a lunchtime visit from the Send First School Choir. We packed 32 children into the dining rooms to sing to the Residents while they enjoyed their lunch, and the children performed very well and very enthusiastically!



In the afternoon we welcomed back The Carousel Theatre Company who performed our Christmas pantomime. This year it was Jack and the Beanstalk starring Daisy the Cow. We had a great afternoon with the required booing, hissing and “Behind you” – it was a full pantomime performed by a cast of just three actors!



On Friday 14th we put up our real Christmas Tree. We had decorated the rest of the building during the week, so this was our final piece of festive colour. We put the tree in the lounge and then Heidi decorated it during lunchtime drinks, with suitable advice from the Residents who were fortified with Snowball cocktails for the occasion.



On Saturday 15th December we entered the Send Parish church Christmas Tree festival. Karen our Receptionist had the idea of a pom-pom Christmas Tree and with the help of some Residents created the tree. We are very pleased to report that our tree came in second place in the popular vote, our highest place to date. A big thank you to Karen and the Residents for the work that they put in to making the pom-poms.

We enjoyed our Send Evangelical Church carol service on Wednesday 19th December. After supper, we were joined in the House Lounge by members of the Church, including a pianist, cellist, violinist and a glockenspiel player (glockenspielist?!). We sang carols together and listened to some readings before enjoying a mince pie and some mulled wine after the service.



Our last traditional Christmas activity session was the making of the pomanders. These are oranges decorated with cloves, tinsel, ribbon and cinnamon sticks which really bring out the smell of Christmas. The Residents created some excellent designs and were able to take them to their rooms to enjoy over Christmas.



Our celebrations on Christmas Day started with some special treats on the breakfast trays and then we had drinks in the House Lounge, where the Residents received their gifts from The Old Hall. After opening the presents we moved into

the House Dining Room where the Residents enjoyed a fantastic Christmas Dinner with all the trimmings, prepared by John and our kitchen team. This was followed by coffee and mints in the House Lounge while watching the Queens Christmas broadcast.



On Boxing Day we had lunchtime drinks in the House Lounge and the residents took part in our Boxing Day quiz, before a lighter lunch of cold meats and baked potatoes.

On 31st December we had our New Year celebrations. This year we had two casino tables with professional croupiers. The Residents were able to have a game of blackjack or roulette while enjoying cocktails and canapés, but sadly for the winners we were not playing with real money! After an hour on the tables, we served a delicious buffet supper before toasting in the New Year with a glass of bubbly, party poppers and of course, a rendition of Auld Lang Syne. We hope everyone had a great night.

January

Looking ahead to January, we have a busy Activities schedule for you to enjoy.

Tuesday 1st January is, of course, a bank holiday, so you can relax after all the festive activities.

On Wednesday 2nd January, Luke will be visiting us at 3pm for a session of Tai Chi in the Activities Room.

Our television programme on Friday 4th is Snow Bears. The BBC production follows a mother polar bear and her cubs as they make the 400 mile journey from their birth den in Svalbard up to the pack ice of the North Pole. Please come along to the House Lounge at 3pm to watch the programme.

Simon will be running a communal Crossword on Monday 7th January, so if you would like to take part, then join us in the Wing Lounge at 3pm.

On Thursday 10th January, Karen will be leading a Craft afternoon in the Activities Room from 3pm. Please come along and join her.

Our film on Friday 11th January will be “The Mercy”. Academy Award winner Colin Firth portrays the incredible true story of Donald Crowhurst, an amateur sailor who competed in the 1968 Sunday Times Golden Globe Race in the hope of becoming the first person in history to single-handedly circumnavigate the globe without stopping. With an unfinished boat and his business and house on the line, Donald leaves his wife, Clare (Academy Award winner Rachel Weisz), and their children behind, hesitantly embarking on an adventure on his boat the Teignmouth Electron. Please join us in the House Lounge.

The Evangelical Church will be joining us on Sunday 13th January for their regular service at 10.15am in the house Lounge. Their second visit this month will be on Sunday 27th January.

Simon will be running a Quiz on Monday 14th January, so if you would like to take part, then join us in the Wing Lounge at 3pm.

Our first outing of the month will take place on Tuesday 15th January, when we are going to visit Squires Garden Centre in West Horsley. Please join us in Reception at 2.15pm.

There will be a second session of Tai Chi available on Wednesday 16th January. Please join Luke in the Activities Room at 3pm if you would like to take part.

Paul, our Gardener, will be presenting an afternoon of poetry and readings on Thursday 17th January. Please join him in the House Lounge at 3pm to enjoy this popular activity

Our television programme on Friday 18th January will be Joanna Lumley's Silk Road Adventure. Over four episodes, the actress embarks on a Silk Road adventure, following footsteps of Marco Polo (and a million other ancient traders) along 7,000 miles of the most famous trade route in the world. It's an odyssey stretching from Venice to the Chinese border, thousands of miles across eight countries. Please join us in the House Lounge at 3pm.

The Rev. Tony Shutt will be holding a service of Holy Communion on Monday 21st January. Please come along to the Activities Room at 3.30pm to take part in the service.

On Wednesday 23rd January, residents from the Old Rectory will be visiting us, so we will be offering afternoon tea in the Wing Lounge from 3pm. Please come along to meet the Residents from our sister home and enjoy a special tea.

Karen will be running our regular flower arranging afternoon on Thursday 24th January. Please join her in the Wing Dining Room at 3pm if you would like to make a small decoration for your room.

Our film on Friday 25th January will be "Finding Your Feet". When 'Lady' Sandra Abbott (Imelda Staunton) discovers that her husband of forty years is having an affair with her best friend, she seeks refuge in London with her estranged, older sister Bif (Celia Imrie). The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs at the moment, and she reluctantly lets Bif drag her along to a community dance class, where gradually she starts finding her feet and romance as she meets her sister's friends, Charlie (Timothy Spall), Jackie (Joanna Lumley) and Ted (David Hayman). Please join us in the House Lounge at 3pm.

On Monday 28th January, we will be having a fun game of Bingo in the Wing Lounge at 3pm. Please come along and see if you can win a prize.

On Wednesday 30th January we will have our monthly buffet supper and entertainment. This month we are pleased to welcome Harry Kersley, a young

Tenor singer. Harry was awarded a degree in music and subsequently attended the Trinity Laban Conservatoire of Music and Dance, where he worked with some of the best opera singers and coaches in Europe. The performance will be followed by a buffet supper freshly created by our Chef.

Our last activity of the month on Thursday 31st January is our second outing to Squires Garden Centre in West Horsley. Please join us in Reception at 2.15pm if you would like to go on this trip.

All our normal activities will be also be taking place, so please see the following pages for our full activities schedule.

We hope you enjoy this month's activities.

Best Wishes,

Simon and Heidi

Activities January 2019

Monday 31st December

5pm Join us in the House Lounge for our New Year Celebrations, where we will have some professional Casino tables followed by our buffet supper. We will then welcome in the New Year at 7pm.

Tuesday 1st January – Bank Holiday

Sit back and relax, as today is a Bank holiday.

Wednesday 2nd January

ALL DAY **Hairdressing in the salon.**

10am **Manicure Coffee Morning**

to 1230pm Join Sarah in the House Lounge Room for manicures. Coffee and biscuits will be served.

3pm **Tai Chi**

Start working off the Christmas pudding with a light Tai Chi class with Luke. Please join him in the Activities Room at 3pm. Afternoon tea will be served.

Thursday 3rd January

10.45am **Exercise Class**

Please join us for the “Early Birds” class with our physiotherapist Jane.

11.45am **Exercise Class**

Join us for the second exercise Class.

3pm **Knit and Natter**

Please join us in the Wing Lounge for an afternoon of knitting and conversation. Afternoon tea will be served.

Friday 4th January

10am **Manicure Coffee Morning**

to 1230pm Join Sarah in the Activities Room for manicures. Coffee and biscuits will be served.

11am **Surrey Library Services**

Please join the Volunteers in the Wing Lounge if you would like to borrow or return books.

3pm **TV – Snow Bears**

Join us in the House Lounge to watch this enchanting true to life tale of polar bear cubs and their mother on a 400 mile journey from their birth den in Svalbard to the pack ice around the North Pole. Afternoon tea will be served.

Monday 7th January

3pm **Crossword**
Please join Simon in the Wing Lounge for a communal Crossowrd. Afternoon tea will be served.

Tuesday 8th January

ALL DAY **Hairdressing in the salon**

10.45am **Exercise Class**
Please join us for the “Early Birds” Class with our physiotherapist Jane.

11.45am **Exercise Class**
Join us for the second exercise class.

3pm **Knit and Natter**
Please join us in the Wing Lounge for an afternoon of knitting and conversation. Afternoon tea will be served.

Wednesday 9th January

ALL DAY **Hairdressing in the salon.**

10am **Manicure Coffee Morning**
to 1230pm Join Sarah in the House Lounge for manicures. Coffee and biscuits will be served.

Thursday 10th January

10.45am **Exercise Class**
Please join us for the “Early Birds” class with our physiotherapist Jane.

11.45am **Exercise Class**
Join us for the second exercise class.

3pm **Crafts**
Please come along to the Activities room for a fun afternoon of crafts. Afternoon tea will be served.

Friday 11th January

10am **Manicure Coffee Morning**
to 1230pm Join Sarah in the Activities Room for manicures. Coffee and biscuits will be served.

3pm **Film – The Mercy**
Starring Colin Firth, this film is based on the true story of the disastrous attempt by the amateur sailor Donald Crowhurst to complete the Sunday Times Golden Globe Race in 1968 and his subsequent attempts to cover up his failure. Afternoon tea will be served.

Sunday 13th January

10.15am Please join us in the House Lounge for a service by the Evangelical Church. Morning coffee will be served after the service.

Monday 14th January

3pm

Quiz

Please join Simon for our regular afternoon quiz in the Wing Lounge. Afternoon tea will be served.

Tuesday 15th January

ALL DAY

Hairdressing in the salon

10.45am

Exercise Class

Please join us for the “Early Birds” class with our physiotherapist Jane.

11.45am

Exercise Class

Join us for the second exercise class.

2.15pm

Outing

Please join us in Reception for our first outing of the year, which will be to Squires Garden Centre in Horsley.

Wednesday 16th January

ALL DAY

Hairdressing in the salon

10am

Manicure Coffee Morning

to 1230pm

Please join Sarah in the House Lounge for manicures. Coffee and biscuits will be served.

3pm

Tai Chi

We will be offering another session of our Tai Chi class with Luke. Please join him in the Activities Room at 3pm. Afternoon tea will be served.

Thursday 17th January

10.45am

Exercise Class

Please join us for the “Early Birds” class with our physiotherapist Jane.

11.45am

Exercise Class

Join us for the second exercise class.

3pm

Afternoon Talk – Readings and Poetry

Please join us in the House Lounge for an afternoon of poetry and readings with Paul, our Gardener. Afternoon tea will be served.

Friday 18th January

10am

Manicure Coffee Morning

to 12.30pm

Please join Sarah in the Activities Room for manicures. Coffee and biscuits will be served.

3pm

TV – Joanna Lumley’s Silk Road Adventure

Joanna travels from Venice to the Chinese border along the veins of the ancient Silk Road. The adventure will see her travel through a breath-taking array of different landscapes as she crosses continents, deserts, mountains and steppe on her 7000 mile journey. Please join us in the House Lounge. Afternoon tea will be served.

Monday 21st January

3.30pm **Holy Communion**

Please join Rev. Tony Shutt in the Activities Room, where he will lead the service of Holy Communion. Afternoon tea will be served.

Tuesday 22nd January

ALL DAY **Hairdressing in the salon**

10.45am **Exercise Class**

Please join us for the "Early Birds" class with our physiotherapist Jane.

11.45am **Exercise Class**

Join us for the second exercise Class.

3pm **Knit and Natter**

Please join us in the Wing Lounge for our regular Knit and Natter session. Afternoon tea will be served.

Wednesday 23rd January

ALL DAY **Hairdressing in the salon.**

10am **Manicure Coffee Morning**

to 1230pm Please join Sarah in the House Lounge for manicures. Coffee and biscuits will be served.

3pm **Afternoon Tea**

Please join us in the Wing Lounge to enjoy a special Afternoon Tea with Residents from our sister home, The Old Rectory.

Thursday 24th January

10.45am **Exercise Class**

Please join us for the "Early Birds" class with our physiotherapist Jane.

11.45am **Exercise Class**

Join us for the second exercise Class.

3pm **Flower Arranging**

Please join us in the Wing Dining Room to make a small decoration for your room. Afternoon tea will be served.

Friday 25th January

10am **Manicure Coffee Morning**

to 1230pm Join Sarah in the Activities Room for manicures. Coffee and biscuits will be served.

3pm **Film – Finding Your Feet**

Join us in the House Lounge for this feel good film with an all-star British cast. When 'Lady' Sandra Abbott (Imelda Staunton) discovers that her husband of forty years is having an affair with her best friend, she seeks refuge with her estranged, older sister Bif (Celia Imrie). The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs and she reluctantly lets Bif drag her along to her community dance class, where gradually she starts finding her feet... and romance. Afternoon tea will be served.

Sunday 27th January

10.15am Please join us in the House Lounge for a service by the Evangelical Church. Morning coffee will be served after the service.

Monday 28th January

3pm **Bingo**
Please come along to the Wing Lounge for a fun game of prize bingo. Afternoon tea will be served.

Tuesday 29th January

10.45am **Exercise Class**
Please join us in the Activities Room for the “Early Birds” class with our physiotherapist Jane.

11.45am **Exercise Class**
Join us for the second exercise Class.

3pm **Knit and Natter**
Please join us in the Wing Lounge for our regular Knit and Natter session. Afternoon tea will be served.

Wednesday 30th January

ALL DAY **Hairdressing in the salon**

10am
to 1230pm **Manicure Coffee Morning**
Please join Sarah in the House Lounge for manicures. Coffee and biscuits will be served.

5pm **Entertainment and Buffet Supper**
Please join us in the House Lounge for our monthly entertainment. This month we welcome Stephen, a pianist and singer to The Old Hall. This will be followed by a buffet supper prepared by our Chef.

Thursday 31st January

10.45am **Exercise Class**
Please join us for the “Early Birds” class with our physiotherapist Jane.

11.45am **Exercise Class**
Join us for the second exercise Class.

2.15pm **Outing**
Please join us in Reception for our second to Squires Garden Centre in Horsley.
